



# Eye vital capsules

with Lutein + Zeaxanthin

*lactose- & gluten-free*

**Food supplement**  
**Important for eyes and vision**



Our eyes are challenged every day. Working at the computer, watching television and driving by night are very exhausting for the eyes. Dry air, little sleep, alcohol and smoking also interfere with the metabolism of the eyes. Several factors influence eyes health and maintenance of vision. Among these, a good supply with certain nutrients plays an important role.

The Eye vital capsules of Doppelherz® aktiv contain 800 µg vitamin A, 250 mg vitamin C and 36 mg vitamin E in combination with 2.5 mg zinc plus 6 mg lutein and 300 µg zeaxanthin which all support the metabolism of the eye.

**Vitamin A** is involved in the vision process and supports the eyes by changing from dark to bright as an integral substance of the purpur.

The **vitamins C and E** help to protect the eye from the harmful effects of the sunlight. As important components of the cellular protection system, they are necessary for the preservation and the functionality of the lens.

**Zinc** regulates the activity of more than 200 enzymes which are involved in nearly all cellular processes. As an integral part of enzymes zinc is involved e.g. in the utilization of vitamin A in the vision process.

**Lutein and zeaxanthin** are secondary plant compounds that belong to the group of carotenoids. If nutritional intake is adequate, lutein can support the eye and vision function.

The “yellow spot” of the retina contains a high concentration of lutein and zeaxanthin. The “yellow spot” lies in the middle of the eye background and is necessary for visual acuity e.g. for reading and differentiating colours. Lutein and zeaxanthin act like filters to protect this eye area against UV rays from the sunlight.

The compounds present in Doppelherz® aktiv Eye vital capsules act together to protect the eyes against harmful environmental factors.

**One capsule contains:**

6 mg Lutein, 300 µg Zeaxanthin, 800 µg Vitamin A, 250 mg Vitamin C, 36 mg Vitamin E, 2.5 mg Zinc.

**Recommendation:**

Take daily 1 capsule at meal with enough liquid. Do not chew.

Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of reach of children. Not for children under the age of 10 years.

**Energetic value:**

1 capsule corresponds to 3 kcal/11 kJ.

Do not store above 25 °C.

Gin giữ đôi mắt sáng khỏe

**THÀNH PHẦN:**

Mỗi viên có chứa:

Lutein..... 6 mg  
Zeaxanthin..... 300 µg  
Vitamin A..... 800 µg  
Vitamin C..... 250 mg  
Vitamin E..... 36 mg  
Zinc..... 2.5 mg

**CÔNG DỤNG:**

Cung cấp các dưỡng chất giúp tăng cường thị giác, chống mỏi mắt, mờ mắt, khô mắt.

**ĐỐI TƯỢNG SỬ DỤNG:**

Dùng cho người từ 10 tuổi trở lên, đặc biệt người bị mỏi mắt do làm việc, học tập căng thẳng, ngồi máy tính nhiều.

**LIỀU DÙNG & CÁCH DÙNG:**

Uống 1 viên/ngày trong bữa ăn, uống với nước đun sôi để nguội. Không được nhai. Nên dùng tối thiểu trong 30 ngày.

Lưu ý:

Sản phẩm này không phải là thuốc và không dùng để thay thế thuốc chữa bệnh.

**QUY CÁCH:** Hộp 2 vỉ x 15 viên.

**BẢO QUẢN:** Nhiệt độ dưới 25 °C, tránh nhiệt và ánh sáng trực tiếp.

**HẠN SỬ DỤNG:** 3 năm kể từ ngày sản xuất.



German tradition



& quality

  
**Queisser**  
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